

Report To: Education & Lifelong Learning Committee **Date:** 8 September 2009

Report By: Acting Director of Education **Report No:** EDUC/77/09/AH

Contact Officer: Albert Henderson **Contact No:** 01475 712824

Subject: Sports Strategy Update

1.0 PURPOSE

- 1.1 The purpose of this report is to update Committee on the progress being made to implement the Inverclyde Sports Strategy.
- 1.2 To update Committee on the progress on the active schools / sports development team.

2.0 SUMMARY

- 2.1 The Inverclyde Sports Strategy was approved by the previous Council's Community Committee in March 2007.
- 2.2 The Corporate Director of Regeneration and Resources has established a Sports Strategy Group and an Implementation Sub-Group to progress the recommendations in the Strategy.

3.0 RECOMMENDATIONS

- 3.1 That the Committee notes the progress being made by education against the recommendations in the Sports Strategy.

Albert Henderson
Acting Director: Education Services

4.0 BACKGROUND – SPORTS STRATEGY

4.1 The Community Committee at its meeting in March 2007 approved the Inverclyde Sport Strategy and remitted the Corporate Director of Regeneration and Resources to lead its implementation.

4.2 The Sports Strategy Group has been established comprising of officers from;

- Regeneration and Resources
- Education and Social Care
- Inverclyde Leisure
- Greater Glasgow & Clyde NHS Trust
- **sportscotland**

4.3 Progress against the actions identified can be found in the Sports Strategy.

4.4 BACKGROUND – ACTIVE SCHOOLS / SPORTS DEVELOPMENT

4.5 The active schools and sports development team has been operating within education services since 2001. Inverclyde has signed partnership agreements with **sportscotland** for active schools until March 2011, the Scottish Football Association for football development until March 2010 (due for review) and the Scottish Rugby Union, St Columba's School - Kilmacolm, Greenock Wanderers Rugby Football Club and Birkmyre Rugby Football Club for rugby development until March 2012. These agreements contribute over £380,000 to Inverclyde of external funding.

4.6 The above partnerships ensure the development and coordination of curriculum and after school opportunities for children and young people to participate in physical activity, sports, active travel, active play and dance as well as establishing a pathway for them to continue their participation within a community setting, ensuring children and young people adopt an active and healthy lifestyle. These partnerships support the employment of 12 posts. Details of posts highlighted below:

| Position | Number |
|---|---------------|
| Active Schools/Sports Development Manager | 1 |
| Active Schools Coordinator | 8 |
| Sports Development Officer (Generic) | 1 |
| Football Development Officer | 1 |
| Club Development Officer – Rugby | 1 |

4.7 Below are some headline statistics which active schools/sports development delivered in 08/09.

4.8 Active Schools

Primary

| | |
|------------------------------------|--|
| Number of activity sessions | 1,821 |
| Number of attendances | 69,400 |
| When sessions take place | 70% after school / 20% lunchtime |
| No of different activities offered | Term 1 – 14 / Term 2 – 17 / Term 3 - 17 |
| Activity with most sessions | Boys Term 1 - Athletics / Term 2-3 - Football Girls Term 1 - Athletics / Term 2-3 - Netball |
| Running/Walking programmes | Implemented across majority of primary schools, pupils are encouraged to run/walk at least 1 km. |
| Inclusion / Disability Club | 32 children registered, 20 children attending weekly, 39 sessions, 780 attendances. |

| | |
|-------------|---|
| Inactive | Steps to Fitness Club at Newark Primary targets pupils who have been identified as do not taking part in activities or have a negative attitude towards sport. 22 P5-7 pupils attend on weekly basis. |
| Play @ Home | P1 parents/carers invited into school and learn about the importance of physical activity and active play. The parents are given a half hour talk and then given a bag of basic equipment and game instruction cards. St Patrick's PS - 2 P1 classes, 49 children 1 session, 49 adults. |

4.9 Secondary

| | |
|------------------------------------|---|
| No of sessions registers kept | Term 1 - 76% / Term 2 - 54% / Term 3 - 61% |
| Number of activity sessions | 834 |
| Number of attendances | 15,215 |
| When sessions take place | 26% after school / 54% lunchtime |
| No of different activities offered | Term 1 – 8 / Term 2 – 17 / Term 3 - 15 |
| Activity with the most sessions | Boys Term 1-3 - Football Girls Term 1-2 - Dance / Term 3 - Football |
| Sport Leadership Awards | Offered in 4 of 7 Secondary Schools 30 students between Port Glasgow High School & St Columba's. |
| Festivals / school competitions | Benchball / Sportshall Athletics / Rugby / Hockey Badminton / Football / Women's Football. 2 nd & 3 rd place National Boccia Final. 2 nd place at National Sportshall Athletics final. Representation at national hockey finals. |
| Staff / Parent Fitness | 480 attendances in the year, 2 sessions each week, 20 adults per session, 24 sessions per year. |
| Women and Girls | Awards for all funding in Newark has allowed Street Dance sessions where over 50 P6-7s girls take part in a lunchtime club. Dance / cheerleading in Port High where 10 attended. |
| CPD For Teachers / Trainers | Sportshall Athletics twilight: - 14 Jogscotland twilight: - 10 NQT Basic coaching skills workshop - 4 Basic Netball skills - 5 Basic Gymnastics twilight - 19 Clubgolf – 3 |

4.9.1 Sports Development

| | |
|----------------------|--|
| Badminton – | 729 pupils / Primary 3 / 4 week programme. |
| Hockey – | 820 pupils / Primary 6 / 4 week programme. |
| Rugby – | 820 pupils / Primary 7 / 4 week programme. |
| Benchball Festival – | 821 pupils / Primary 5 . |
| Athletics - | Inverclyde School Athletics - 300 pupils for Startrack Summer Camp Inter-area Sportshall for U'11, U'13, U'15's . 22 out of 24 primary schools took part in the Inverclyde Leisure Sportshall Leagues - 440 children in Primary 6-7 took part in the competition. 2 Inverclyde Schools in the West of Scotland finals in who came 2 nd and 3 rd from 12 teams. |
| Girls Football - | 220 P5-7 girls lunchtime/afterschool clubs in 12 |

| | |
|-------------|---|
| Tennis - | <p>Primaries on a weekly basis. 7 primary schools 2wks of curricular tasters, 2 participation festival at Ardgowan and Fort Matilda Tennis Clubs. In total 310 Primary 4 children took part in the programme. Linked to Tennis Inverclyde Summer Camps, numbers tbc.</p> |
| Festivals - | <p>Inter-cluster Hockey May 09 - 100 P6 pupils. Inter-cluster Badminton May 09 - 110 P3 pupils. Inverclyde Hockey May 09 St Stephens HS -110 P6 pupils. P5-7 Girls Indoor football festival - 120 girls. P5-7 Girls Outdoor football festival - 110 girls 16 schools represented.</p> |

4.9.2 Volunteers

Volunteers provide an invaluable service to the Active Schools / Sports Development Team within Inverclyde Council, Education Services. Volunteers are an integral to the success of initiatives and are essential in terms of future sustainability. The role of each volunteer is to support the aims and objectives of the Active Schools / Sports Development Team, including; assisting in sessions/clubs/events; work shadowing; promoting physical activity and chaperoning pupils.

| | |
|---|----|
| Volunteers recruited from volunteer centre or via Website - | 26 |
| Currently delivering/volunteering - | 11 |

James Watt College Students

| | |
|--|----|
| Number of students signed up to our programme - | 24 |
| No of students attending programme (either volunteering or coaching) - | 15 |

Volunteers (before 2008)

Career/Professional Development - *Since volunteer mentoring programme started in 05*

| | |
|---|----|
| No of volunteers who have moved onto paid work with our team - | 10 |
| No of coaches who have progressed to fulltime position in sports/health industry - | 7 |
| No of coaches/volunteers who have moved on to further education to enhance their career prospects since working with our team - | 6 |

4.9.3 Football Development

In Inverclyde we offer a wide range of participation opportunities for children and youth players. Managed by the SFA a range of different agencies namely the government's Cashback for Communities, McDonalds, Bank of Scotland and the Food Standards Agency all provide funding to deliver programmes within the area. In addition to this we provide a fully comprehensive Coach Education programme and also provide support and assistance to local clubs who are in the process of attaining Quality mark status as part of the SFA club accreditation scheme.

McDonalds Programme

20 week coaching and game programme delivered P7 pupils in 10 primaries total 300 pupils.

Food Standards Agency Programme

6 week coaching programme delivered P4-5 in 8 primaries total 300 pupils. Workbooks completed in class with teacher to complement activities. Aim to increase pupil awareness on 6 key areas that are related to food hygiene and healthy eating.

Cash Back Bank of Scotland Soccer One

Coaching and matches programme for S1 boys and S1-4 girls. Games are fortnightly

open to all secondary schools in authority, Port Glasgow High, Inverclyde Academy, Gourrock High; St Columba's entered S1 boys' teams regularly, with Notre Dame and Greenock Academy entering S1 boys' teams. Port Glasgow, St Stephen's, St Columba's entered S1-4 girls' team regularly and Gourrock entered S1-4 girls' team. Port Glasgow High School S1 boys, S1-4 girls and Inverclyde Academy S1 boys represented Inverclyde at the regional finals at Toryglen, Glasgow. Port Glasgow High School S1 boys successfully qualified for the national finals at Toryglen Glasgow, where a pupil was awarded player of the tournament.

Cash Back Bank of Scotland Midnight Leagues

Diversionary programme delivered on Friday evenings engaging with 12-18 year olds. 120 young people attend on a weekly basis at Lady Octavia, Greenock Sports Centre and Port Glasgow High School, operated 45 weeks of the year. A team from Port Glasgow High and Lady Octavia participated in the Bank of Scotland Midnight League National Finals which was hosted by Kilmarnock FC. 20 Local Authorities were represented, where Lady Octavia were narrowly beaten in the final.

Club Development

Supporting 9 local clubs working towards SFA Quality Mark Club Accreditation scheme. First in the West Region and the only in Inverclyde to achieve Level 2 Development Award is Port Glasgow Juniors Boys Club.

Coach Education

Co-ordinate and deliver programme for Inverclyde. Engage with clubs and volunteer coaches. 20 courses delivered this year in the Children and Youth Pathway level 1, 2 & 3. Free Level 1 courses completed with JSLA students in Port Glasgow High, Notre Dame, St Stephen's and Inverclyde Academy 48 students qualified.

Festivals

October P6-7 festival at Stephen's High School and Battery Park attended by 20 schools 200 pupils. June P6-7 2 day festival at Battery Park with 19 schools attending 190 pupils. June P6-7 festival at Lady Octavia 8 schools qualified and attended, 80 pupils attended.

4.9.4 Rugby Development

In April 2009, Scottish Rugby established a partnership with Inverclyde Council, Greenock Wanderers, Birkmyre Rugby Club and St Columba's School in Kilmacolm to demonstrate their collective commitment to the game by funding a new post and bringing close to £30,000 of investment into rugby in the area. The development officer dedicates his time to recruiting and retaining rugby players in and around the area and work continuously to create links with schools to maximise the opportunities to play rugby, increase participation at all levels of the club game, build and strengthen the existing competitions that are in place, and help clubs develop their own plans for the improvement of the game.

Figures from 14 April 09 (new post)

£30,000 approx new funding accessed

Coaches attending certificated courses – 8

P6 Festival Greenock Sport Centre May 09 - 98 children

Street Rugby 18 venues, 320 boys & girls 5-16 years Throughout summer. As result 16 children attending Greenock Wanderers RFC Summer Mini Rugby coaching sessions

Scotland v Ireland under 20's game hosted at Fort Matilda 53 children attended skill, drills and games before kick off.

5.0 PROPOSALS

5.1 Committee note the sporting activities outlined in report.

6.0 IMPLICATIONS

6.1 Finance

There are no finance implications.

6.2 Legal

There are no legal implications.

6.3 Personnel

There are not personnel implications.

7.0 CONCLUSION

7.1 The committee notes the progress being made by education against the recommendation in the sports strategy

8.0 EQUALITIES ISSUES

8.1 There are no equalities issues

9.0 LIST OF BACKGROUND PAPERS

9.1 There are no background papers